

The 3 Keys to Manifesting What You Desire

To manifest your desire is to turn your thoughts into your reality. Even if what you desire is a thing, you absolutely fear, or if it is something you feel you just cannot do without, you can manifest the desire by using the law of attraction. The laws of attraction essentially ensure that favorable events unfold as you move towards the realization of the object of your attention. However, be careful of what you think as your mind has the power to conjure up both thoughts that could work for you and thoughts that can work against you. Hence, you need to consciously craft your present and your future by guiding your thoughts towards your desires. Here are three simple steps that you can use to manifest your desires: 1. Understand what you truly desire and keep that end in mind. Most people have trouble with this very step. They are unsure of what they want, and many a times, do not confess their desires even to themselves. Hence, the first thing to do is picture what you want and ensure that every part of you - your heart, mind, and soul are aware of your desire and is one with your desire. As some might say see it, hear it, feel it, smell it, or taste it; apply all your senses to it. At this stage, do not worry about how the desire could be manifested; just concentrate on making it real for yourself. Only then, can you give your desire the undivided attention it requires in order to materialize. 2. Cooperate with your desires and keep your eyes open for the opportunities. Be very alert of what is going on around you as this will help you identify the veiled opportunities that would go a long way in materializing your desires. Ensure that your actions go in sync with your desires. And, most importantly, recognize opportunities when you see them and take the chance. 3. Pretend that your desires have been realized and give thanks. Remember, the pretend game all of us played at some time when we were young. Well, it is never too late to play that game. Pretend that you have achieved your desires and give thanks for it. This will generate a lot of positive energy around you, which will attract your desire to reality. Though many people think that there are different keys for manifesting different desires, the truth is that the abovementioned steps work for all desires. Irrespective of whether the desires are related to money, weight loss, or even love, the same process works. One must also remember to have faith in their abilities and the way the world works. Any amount of frustration and negativity will only delay the manifestations of your desire. When faced by any negative thought, just think of what you could lose by not manifesting your desire and ask yourself whether it is worth losing just because of nerves or one bad thing that happened to you.

About the Author

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